## Kids Camp 2022 Parent Information

#### June 27-30, 2022 Mount Lebanon Baptist Encampment in Cedar Hill, Texas

Camp Verse: 2 Timothy 1:7 "For the Spirit of God gave us does not make us timid, but gives us power, love and self-discipline." NIV

#### **BEFORE CAMP**

- Make sure you are at ease about your child going to camp. If your child senses that you might be nervous, he or she will be nervous too.
- Visit the camp's website with your child. Seeing pictures of the campus, the staff and activities that they will be participating in is a great way for your child to be familiar with the camp before they even get there. <a href="http://www.mtlebanoncamp.com">www.mtlebanoncamp.com</a>
- Talk about camp! Ask your child about his or her expectations or questions. Discuss
  what it might feel like to become homesick but encourage your son or daughter to trust
  God's strength and plan on having a great time. Be careful not to discuss the option of
  calling home since Kids' Camp discourages children to call their parents throughout
  their stay.
- Get excited with your child! Make going to camp a big deal. Post a large packing list on your child's wall and mark items off the list as you help your child pack. Share fun stories about your own camp experiences.

## **DEPARTURE AND ARRIVAL**

- Leave for Camp: Monday, June 27.
  - Campers can arrive as early at 7:30am, but no later than 7:50am at the West Entrance of the church (where the circle driveway is).
  - Parents, you will need to check in your child and turn in any medication before leaving.
  - $\circ$  Kari Brimacombe will lead a prayer time for the camp at 8:00.
  - We will load the buses at 8:30am and pull out shortly after.
  - Campers will receive a Kids t-shirt on Monday morning. All campers will change into this shirt and can send the shirt they wear that morning home with parents.
  - Be prepared to drop off medication separately from luggage. DO NOT PACK IN LUGGAGE!
  - Make saying good-bye as easy as possible. Be positive and encourage your child.
  - Lunch will be provided at camp.

#### • Return from Camp: Thursday, June 30

- We should arrive by 11:30am at the west entrance of the church (where the circle driveway is).
- More specific arrival time will be posted as we leave camp at <u>www.facebook.com/crosscityKids</u>

## PACKING

- Please label EVERYTHING! Campers never remember or claim all the things that are not labeled.
- Each camper is allowed to bring one suitcase, bedding, & one small carry-on bag. Remember, your camper must be able to carry what you pack!
- Handy tip: Pack all bedding in a large handle-tie trash bag. Label with your camper's name! Put an extra bag inside for easy re-packing for the trip home.
   WE'LL PROVIDE COLORED DUCT TAPE TO LABEL.
- Luggage tags will be provided on Monday morning for all items put on the bus.
- Drawstring backpacks will also be provided on Monday morning. These are big enough to hold a Bible, notebook, and pen when traveling to Bible Study or towels, goggles, and sunscreen on the way to the pool.

#### WHAT TO TAKE

- Casual clothes for 4 days AND laundry bag or trash bag for dirty clothes
  - Lots of (our color for camp)! Your child is encouraged (not required) to wear (color) during team competitions since that is our team color.
  - Shorts (must be at least fingertip length. No saggy pants)
  - T-shirts (no unacceptable words or pictures, no spaghetti strap tops)
  - Each camper will receive a camp T-shirt on Thursday afternoon. We will wear camp shirts to dinner and worship on Thursday evening and home on Friday morning. We will also wear them on Sunday, July 2nd to church.
- Shoes: Tennis shoes and/or sandals (at least 2 pair) Tennis shoes are <u>strongly</u> recommended. Mt Lebanon requires campers to wear tennis shoes to participate in zipline and archery. Many kids like flip flops for the showers as well.
- Pajamas, underwear, socks
- Swimsuit & beach towel
  - Girls may wear one-piece swimsuit or two-piece swimsuits if pieces meet so no midriff shows, or a t-shirt over a two-piece swimsuit.
  - No speedos or cutoffs for boys.
  - T-shirts or cover ups must be worn by girls and boys to and from water activities.
- Toiletries: soap, shampoo, toothbrush, toothpaste, deodorant, etc.
  - Campers will need to easily carry these items from the bunk room to the bathroom. Baggies or caddies are beneficial for this.
- Any medications, including over-the-counter meds, that will be needed during the week.
   DO NOT PACK these in your luggage since you will turn them in when you arrive on Monday morning.
- Bath towel & washcloths
- Sleeping bag or sheets and pillow (Some kids like a light blanket too.)
- Flashlight
- Sunscreen
- Insect repellent
- Water bottle (refillable and labeled with camper's name) Refill stations are located all around the campgrounds.
- Bible, pen, or pencil (Journal optional)
- Optional items if camper desires (Suggestions only)
  - $\circ~$  Disposable camera (Please label the camera and give instructions.), hat, sunglasses, swim goggles

#### WHAT STAYS HOME

- Any items that can't get really dirty
- Anything of value that you'll miss if it doesn't come back from camp!
- Electronics including cell phones (including on the bus ride to and from camp)
- Water guns, silly string, items for pranks
- Optional Money for snacks

## **MEDICINE – DO NOT PACK IN LUGGAGE!**

- All medications (prescription and OTC) must be turned in Monday morning before departure.
- Please have the medications in a Ziploc bag with the camper's name and Cross City on the bag. Medications must be in the original prescription or OTC container.
- Medication cards will be available Monday morning. Two medication cards should be completed. One will stay with the medicine and will be given to the camp nurse. The other will go to the counselor.
- All medicine will be given to our Cross City nurses for distribution, except for an epi-pen. If your child uses an inhaler or an epi-pen, we will give that to their group leader to have at all times.
- The nurses have general things like Tylenol, but it is best for you to send specific allergy medicine if your child typically takes that when spending a lot of time outdoors.

If your camper has severe food allergies or special dietary needs, contact Kari Brimacombe as soon as possible, kari.brimacombe@crosscity.church.

## SNACKS

In addition to three great meals, snacks are available to purchase at the canteen. However, we will provide a snack to our Cross City kids each day.

## **PICTURES & VIDEOS**

Cross City will post pictures/videos on facebook.com/crosscitykids.

## PHONE CALLS OR EMERGENCIES

Campers are not allowed to use phones during camp. In the event of severe home-sickness, illness, or emergency, someone from the Kids' Staff or the camp nurse will contact a parent. Parents, please do not ask camp leadership to call you or allow your camper to use their cell phone during camp as this will not be allowed to happen.

If you need to contact our counselors, the following people are available. Please keep in mind that we are investing in your child at camp and may not always be able to answer your call right away.

Kari Brimacombe (817) 723-6455 Tate Cooper (682) 401-3390 Lauren Bird (817) 298-0352 D'Ann Dodson (817)454-4796

# WHAT DO WE NEED TO KNOW ABOUT YOUR CHILD?

Parents will receive a card at the parent meeting to complete with "What I want you to know" about my child. This is where you'll communicate with us about anything else you think we need to know as we relate to your child during this week.

## **BEHAVIOR EXPECTATIONS**

Campers are expected to follow all camp rules, treat their leaders & fellow campers respectfully, and act in ways that are pleasing to God. Campers who continually choose to act disrespectfully, disrupt teaching times, or endanger themselves or their fellow campers may be sent home. Parents are responsible to pick up from Mount Lebanon any camper who must be sent home for disciplinary reasons or becomes sick while at camp.

#### **PRAY FOR YOUR CAMPER**

Your child is not at camp by chance, but by God's design. God planned for your child to be at camp. Pray for your child, that God will impact his/her life forever. Pray that God will use this week in your child's life as a time of fellowship, safe fun, and a deeper relationship with Him.

Pray for your camper as they discover how to put all the puzzle pieces together in their journey to living the transformed life through Christ and learn to piece it together to honor God.

Pray for those who lead and invest in your child this week. Ask God to bless them for the time they are impacting in your child.

Monday morning at 8:00, Kari would like to have all the parents to pray with, and over, the campers before they load up on the bus.

## AFTER CAMP AT HOME

When your camper returns, be sure to ask them what they learned about God and if they made any commitments to Christ. Ask to see their camper journal and encourage them to share what they learned at camp.

We trust God that your child will have the best possible experience at camp.

Remember to wear your Camp shirt to Cross City on July 3rd.

Thank you for sharing your child with us!

#### **Camp Packing List – Campers**

#### **Comprehensive list for both Boys and Girls**

6 T-shirts (no spaghettis straps or gaping armholes) 5-6 pairs athletic length shorts (no short shorts)

Underwear – 7 pr	toothbrush/toothpaste
Pajamas – 2pr	shampoo, body wash (easier than soap)
Socks – several	deodorant ( <b>please!)</b>

Tennis shoes (a must!) Flip flops (one pair) Water shoes (optional) Shower shoes (flip flops can double)

Swimsuits – 2 (Must not show mid-drift if 2 pieces, otherwise must wear a t-shirt over swimsuit.) Sunscreen Goggles (totally optional) Sunglasses (send cheap ones, they'll get lost quickly) 2-3 Towels (1 for pool, 1-2 for showers) - Send one you don't mind getting ruined

Hat (optional) Hairbands **(Girls)** Brush

Pillow Light Blanket Sleeping bag or Sheets Bath towel/wash cloth (make sure these are clearly labeled – or other kids might borrow!)

Flashlight/batteries Water bottle (Refillable kind) Meds (See handout from church for specific instructions)

Bible Bug Spray Pen Boys bring stick sunscreen – do not pack Girls bring spray sunscreen – do not pack

#### We will collect the sunscreen at check-in along with medications

#### Helpful hints from years at camp...

For toiletries - mesh bags with a large carabiner attached to it so we could hook it to the shower rod or shower head (Look at Dollar Tree).

We also like to have extra carabiners handy to attach our water bottles or flashlights to our backpacks.

## WHAT TO EXPECT

Schedule will vary somewhat, but this should give an idea of a typical day.

Campers arrive at Cross City
Load buses and depart
Set up cabins
Lunch & Celebration Time
Afternoon water & free choice
Dinner
Worship
Inflatables and nachos
Ready for bed and devotionals
Lights out

Tuesday-Wednesday

Tubbuuy Wou	<u>needdy</u>
7:15-8:00	Wake up/Cabin clean up
8:00-9:00	Breakfast
9:00-9:20	Scripture Memory/Quiet Time
9:30-10:15	Morning Celebration & Team Challenge
10:30-11:30	Bible Study or Games (depending on color)
11:45-12:30	Lunch
12:45-1:30	Bible Study or Games (depending on color)
1:30-3:30	Free Choice or Water activities (depending on color)
3:30-5:30	Free Choice or Water activities (depending on color)
5:30-6:30	Cabin time
6:30-7:30	Dinner
7:30-8:30	Worship
8:30-9:30	Evening Activities (Tues. Luau at pool or Church Choice at amphitheater, Wed. opposite of Tues.; Thursday – Fireworks
9:30-10:15	Ready for bed & devotions
10:15	Lights out
Thursday	
8:00-9:00	Breakfast, Cabin Clean up, Final celebration, and load buses.

11:30 Arrive back at Cross Cit